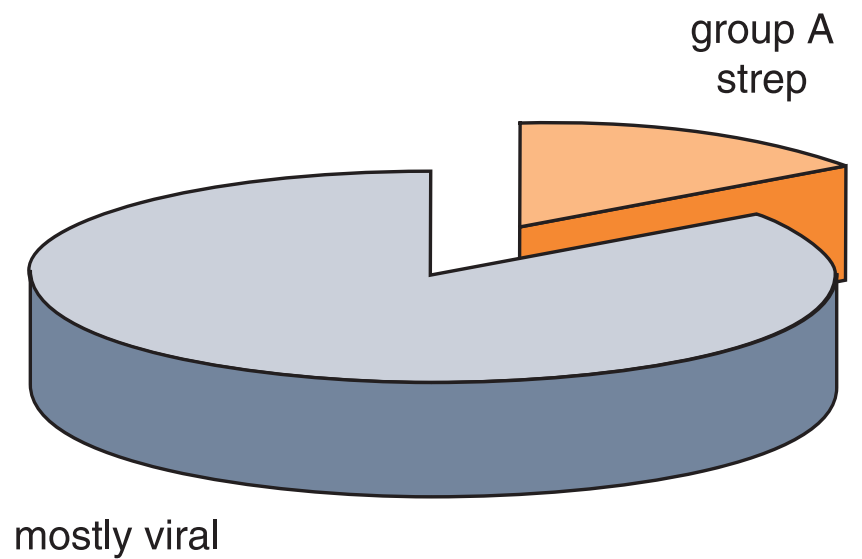


SORE THROATS & ANTIBIOTICS

Too many antibiotics may be harmful to your health

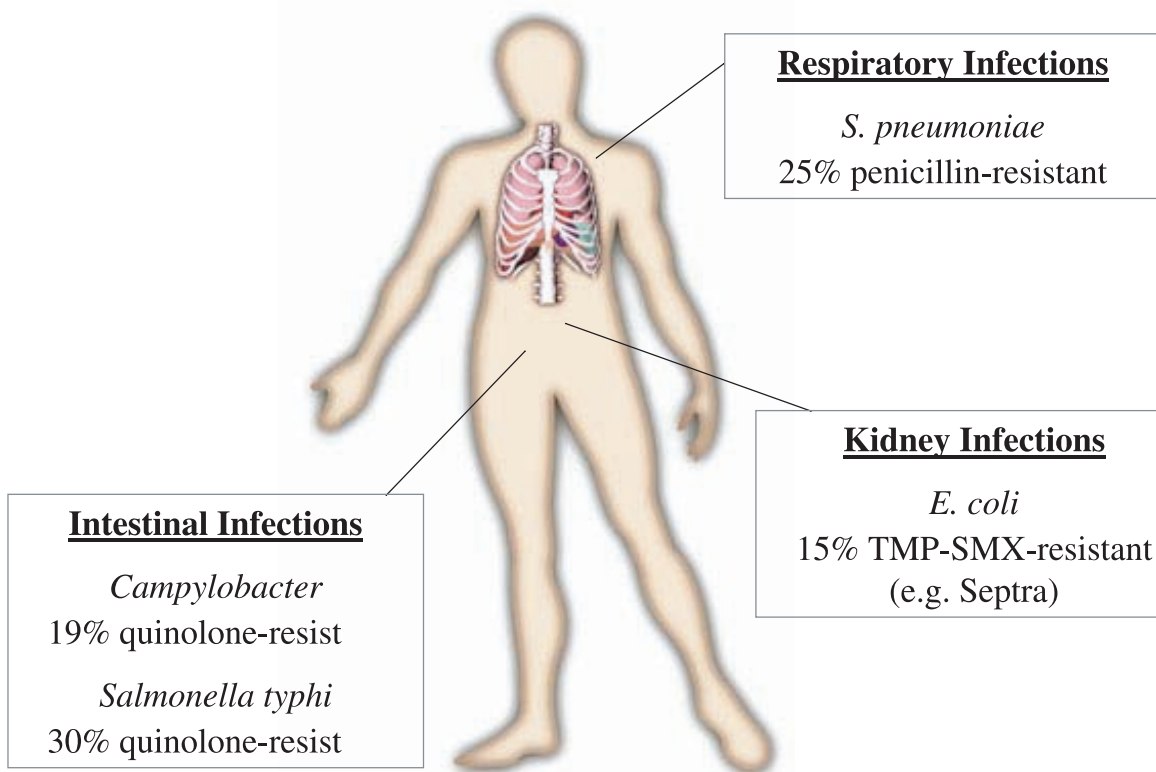
- Most sore throats are caused by viruses.
- Antibiotics do not help viral infections.
- Antibiotics should only be used for sore throats caused by group A strep or other bacteria

About 70% of sore throats in children are caused by viruses



Clinical findings alone do not adequately distinguish Strep vs. non-Strep sore throats in children.

Therefore, a rapid strep test or throat culture should be positive before beginning antibiotic treatment.



Source: Centers for Disease Control and Prevention

- Overuse of antibiotics (from human & agricultural use) promotes bacteria to develop resistance to antibiotics.
- Resistant bacteria may cause infection in many parts of the body.

